**Wellington Family Chiropractic: Terms and Conditions**

By signing up for automated text messages from Wellington Family Chiropractic, you agree to the following terms and conditions:

1. **Purpose of Messages**: You authorize Wellington Family Chiropractic to send you automated text messages for appointment reminders, health and wellness tips, greetings, and well wishes. These messages are intended to support your care and enhance your experience with our office.
2. **Consent**: By providing your mobile phone number and opting in, you consent to receive text messages from Wellington Family Chiropractic. This consent is not a condition of receiving healthcare services, and you may revoke it at any time by replying "STOP" to any message or contacting our office at (740)446-6965 or wellfamilychiropractic@gmail.com.
3. **Frequency and Content**: You may receive up to 15 text messages per month, depending on your appointment schedule and wellness program participation. Messages may include appointment confirmations, reminders, health tips, seasonal greetings, and well wishes. We reserve the right to modify the frequency or content of messages, but we will strive to keep them relevant and helpful.
4. **Message and Data Rates**: Standard message and data rates may apply, depending on your mobile carrier. Wellington Family Chiropractic is not responsible for any charges incurred from receiving these texts.
5. **Privacy and Security**: We will protect your mobile phone number, and any personal health information shared via text messages in accordance with applicable privacy laws, including HIPAA. Your information will not be sold or shared with third parties for marketing purposes without your explicit consent.
6. **Opt-Out**: You may opt out of receiving automated text messages at any time by replying "STOP" to any message or by contacting our office. Upon opting out, you may receive a single confirmation text. To rejoin, you can reply "START" or sign up again through our website or office.
7. **Liability**: Wellington Family Chiropractic is not liable for any delays, delivery failures, or technical issues related to text message delivery, nor for any unintended disclosure of information due to errors beyond our control.
8. **Changes to Terms**: We may update these terms and conditions at any time. Any changes will be communicated to you via text message or our website. Continued receipt of messages after such updates constitutes your acceptance of the new terms.
9. **Contact Us**: If you have questions or concerns about these terms or our text messaging services, please contact us at at (740)446-6965 or wellfamilychiropractic@gmail.com.

By providing your mobile number and opting in, you acknowledge that you have read, understood, and agree to these terms and conditions.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Cell Phone Number: (\_\_\_\_\_)\_\_\_\_\_-\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Witness Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_